



Chicken and Rice Medley

Low fat, low cholesterol, 1/3 less salt recipe.

INGREDIENTS

1 6.9 oz package Rice-A-Roni® Chicken Flavor Lower Sodium

 $3 \, \frac{1}{2} \, oz$ skinless, boneless chicken breast halves, cut into thin strips

1/2 cup frozen peas

1/3 cup thinly sliced celery

1/2 cup chopped red or green bell pepper

HOW TO MAKE

DIRECTIONS

Prepare Rice-A-Roni[®] Mix as package directs adding chicken with water and contents of seasoning packet.

Continue to cook as package directs, adding remaining ingredients during last 10 minutes of cooking.

PRODUCT

