



Curried Chicken Salad

Serve this tasty salad with pita chips. Recipe based on #768 with same name, but number of servings reduced from 6 to 4. Planned for Summertime Salads chapter of GGMD, but not used.

INGREDIENTS

- 1 **6.9 oz package** Rice-A-Roni® Chicken Flavor Lower Sodium
- 1 **tbsp** vegetable oil
- 1 skinless, boneless chicken breast half or 2 boneless thighs, cut into 1/2-inch pieces
- 1 **tsp** curry powder
- 2 **cups** red seedless grapes, halved
- 1/2 **cup** plain nonfat yogurt
- 1/2 **cup** sliced green onions

HOW TO MAKE

DIRECTIONS

Prepare Rice-A-Roni Mix as package directs substituting oil for margarine and stirring in chicken and curry powder during last 10 minutes of cooking. Cool 10 minutes.

In large bowl, combine prepared Rice-A-Roni, grapes, yogurt and onions. Chill 4 hours or overnight. Stir before serving.



PREP
TIME
10_{min}



COOK
TIME
15_{min}



SERVES
4

PRODUCT

